**REPRESENTATIONAL SYSTEM PREFERENCE ASSESSMENT**

For each of the following statements, please place a number next to every  phrase. Use the following system to indicate your preferences:

4 = Closest to describing you

3 = Next best description

2 = Next best

1 = Least descriptive of you

1) I make important decisions based on:

\_\_\_\_\_ gut level feelings

\_\_\_\_\_ which way sounds the best

\_\_\_\_\_ what looks best to me

\_\_\_\_\_ precise review and study of the issues

2. During an argument, I am most likely to be influenced by:

\_\_\_\_\_ the other person's tone of voice

\_\_\_\_\_ whether or not I can see the other person's point of view

\_\_\_\_\_ the logic of the other person's argument

\_\_\_\_\_ whether or not I am in touch with the other person's true feelings

3. I most easily communicate what is going on with me by:

\_\_\_\_\_ the way I dress and look

\_\_\_\_\_ the feelings I share

\_\_\_\_\_ the words I choose

\_\_\_\_\_ my tone of voice

4. It is easiest for me to:

\_\_\_\_\_ find the ideal volume and tuning on a stereo system

\_\_\_\_\_ select the most intellectually relevant point in an interesting subject

\_\_\_\_\_ select the most comfortable furniture

\_\_\_\_\_ select rich, attractive color combinations

5. I am very:

\_\_\_\_\_ attuned to the sounds of my surroundings

\_\_\_\_\_ adept at making sense of new facts and data

\_\_\_\_\_ sensitive to the way articles of clothing feel on my body

\_\_\_\_\_ responsive to colors and to the way a room looks

**RESULTS**

1. Copy your answers from previous page to here:

1. \_\_\_\_ K 2. \_\_\_\_ A 3. \_\_\_\_ V 4. \_\_\_\_ A 5. \_\_\_\_\_ A

\_\_\_\_ A \_\_\_\_ V \_\_\_\_ K \_\_\_\_ Ad \_\_\_\_\_ Ad

\_\_\_\_ V \_\_\_\_ Ad \_\_\_\_ Ad \_\_\_\_ K \_\_\_\_\_ K

\_\_\_\_ Ad \_\_\_\_ K \_\_\_\_ A \_\_\_\_ V \_\_\_\_\_ V

1. Add the numbers associated with each letter. There are five entries for each letter.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **V**  **Visual** | **A**  **Auditory** | **K**  **Kinesthetic** | **Ad**  **Auditory Digital** |
| **1** |  |  |  |  |
| **2** |  |  |  |  |
| **3** |  |  |  |  |
| **4** |  |  |  |  |
| **5** |  |  |  |  |
| **Total** |  |  |  |  |

The comparison of the total scores in each column will give the relative preference for each of the four Representational Systems.